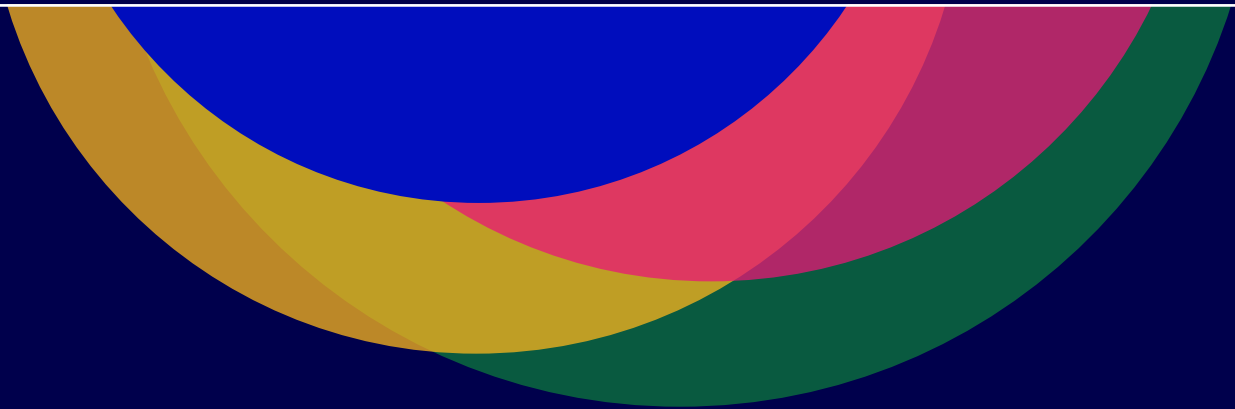


# inseparable

**IMPACT REPORT  
2023-2024**



**BUILDING HOPE**



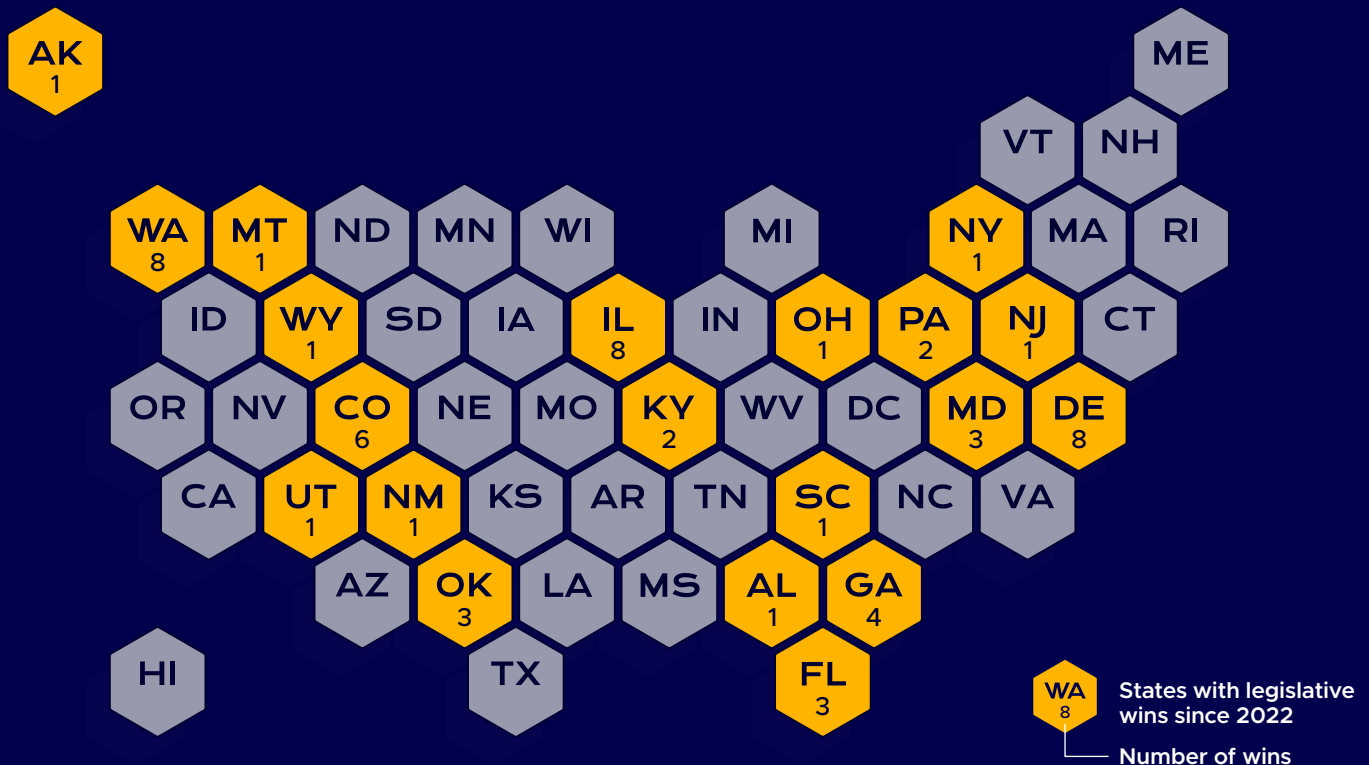
# Inseparable believes that better public policies drive life-changing progress in mental health and substance use care.\*

Partnering with lawmakers, lobbyists, fellow mental health organizations and thousands of individual advocates, we translate hope to action — and action to wins.

**SINCE 2022:**

**57** decisive wins in **20** states where

**33 MILLION<sup>+</sup>** people may benefit



\* Throughout this report, all references to mental health include substance use conditions.



## CONTENTS

- 4 A MESSAGE FROM OUR FOUNDER
- 6 OUR VALUES
- 7 HOW WE WORK AND HOW WE WIN
- 9 OUR POLICY PRIORITIES
- 10 THE CHALLENGES THAT DRIVE US
- 12 MOMENTUM: 2023–2024
- 19 TRANSFORMING YOUTH MENTAL HEALTH
- 23 INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS
- 27 WHERE WE'RE HEADED
- 30 OUR ADVISORY BOARD
- 31 OUR NATIONAL STAFF

# BUILDING HOPE inseparable

IMPACT REPORT 2023–2024

# “ We are the advocates for hope.”

Bill Smith  
*Inseparable Founder and CEO*



**225  
lawmakers**  
have joined  
Inseparable’s  
[State Mental Health  
Caucus](#)

**1,000+  
candidates**  
have signed our  
[Mental Health  
Now statement  
of support](#)

**12  
Inseparable  
staff  
members**  
now guide our  
efforts

Inseparable is committed to life-changing progress in mental health and substance use care for all Americans. In this report, you’ll see our progress over the past two years in building the staff, skills and relationships that accelerate our work.

Our resolve to reshape the public policies that govern mental health care takes us deep into states and communities where we see strong potential for change. This same resolve drives our advocacy for federal policies, funding and leadership that, united with state action, are turning the tide.

The Inseparable team conducts in-depth research and analysis to uncover truths that many vested interests would rather avoid, but fellow advocates recognize as fuel for powerful change.

We are here on behalf of millions who cannot find mental health or substance use care – or must pay an unsustainable price for it, often to the point of bankruptcy.

We are here to witness what happens when our broken system fails, pushing hundreds of thousands into life-threatening crisis situations and, all too frequently, into our jails and prisons.

We are here to call out the stigma and greed that have drained the mental health workforce of talent, pushing lifesaving care even farther out of reach for millions.

## A MESSAGE FROM OUR FOUNDER

**20+**  
**dedicated**  
**lobbyists**  
are working in  
target states

**19**  
**Inseparable**  
**grants**  
made to partner  
organizations  
on the ground

**71,000+**  
**digital**  
**followers**  
back our efforts  
nationwide

And we are here to ensure the wellbeing and resilience of our young people in the present so that they may build a healthy future.

The wins reflected in this report, including the billions of dollars invested by Congress and the states to improve mental health, show what happens when we bring insight and commitment to the right places at the right times.

We're proud of the unique strategic capabilities that Inseparable brings to the fight. But experience reminds us that lasting impact comes only from collaborative action. Every win we celebrate reflects the power of our partners – candidates, lawmakers, policy experts, health care leaders, enlightened funders, long-time advocates and private citizens – all driven by the mandate to make mental health a core priority for our nation.

We are grateful for your partnership. Everything we have achieved, and hope to achieve next, reflects the commitment and passion we share with you.



Bill Smith  
*Founder and CEO*

**“ Hope is the unshakable conviction that change is not only possible, but that it is ours to create – and that the right time is now. ”**

## OUR VALUES

### Caring

We can better care for each other by demanding mental health policies that better care for us all.

### Fairness

Different communities have borne a disproportionate and unfair burden of our broken systems, so we must address fundamental unfairness as we create change.

### Unity

The health of our minds cannot be separated from the health of our bodies, and we cannot be separated from each other on this issue.

### Progress

We are moved by our hearts, but act with our minds, deploying skill, strategy, and innovative tactics to ensure we don't just fight, but win.

### Power

Together, we have the power to lift each other up. Together, we are a formidable catalyst for change.

### Relentless Hope

Providing hope for those who need it most is critical to our mission, and we will also build a movement by building hope intentionally and constantly.



# HOW WE WORK AND HOW WE WIN

**Strategic campaign management is Inseparable's core strength.** We bring the right tools together at the right time to engage the right partners for change. We are:

**Nimble** in dialing key capabilities up or down as the situation demands

**Strategic** in choosing the best people, places and times to take action

**Empowered** in building the robust skill set required to win



\* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.

## Elements of Strategic Campaign Management

### ● **Research and Framing**

We proactively shape the mental health conversation through original research and polling.

### ● **Storytelling and Messaging**

We share data, examples and life stories to illuminate the issues.

### ● **Coalition Building**

We unite stakeholders who are ready to take action with us.

### ● **Grasstops Mobilization**

We find and work with influential constituents.

### ● **Movement Building**

We advance the movement with open-source tools for policymakers, advocates and partners.

### ● **Regulatory Affairs**

We pursue policy change by advocating for effective regulations, backed by strong enforcement.

### ● **Grassroots/Digital Organizing**

We work with tens of thousands of individual advocates who are ready to mobilize in person or online.

### ● **Policy Development**

We translate research, data, and on-the-ground experience into workable solutions for policymakers.

### ● **Political Power Building\***

Mental Health PAC, Inseparable Action's sister organization, hosts policy briefings, reaches out to voters and makes strategic campaign contributions.\*

### ● **Policymaker Engagement**

We offer policy expertise, learning and networking sessions and technical help that equips policymakers to win.

### ● **Government Relations**

We work creatively and collaboratively with leaders at the federal and state level.

\* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.



## OUR POLICY PRIORITIES

**“ We are relentlessly focused on policy areas that hold the greatest potential to change lives and save lives.**

Angela Kimball  
*Inseparable Chief Advocacy Officer*



### **Youth Mental Health**

Addressing mental health at the earliest possible point helps young people live longer, healthier lives.

### **Access to Care**

Ending coverage gaps, denials and delays makes mental health care easier to find and easier to afford.

### **Crisis Response**

Emergency care that focuses on recovery helps ensure that no one's worst day keeps them from living their best life.

### **Mental Health Workforce**

Having more qualified providers in our communities eases the struggle to find care.

# THE CHALLENGES THAT DRIVE US

## Youth Mental Health

**Nearly half** of all adolescents **face mental health struggles** at some point<sup>1</sup>

**20%** of youth ages 12 to 17 **experienced major depression** in the past year<sup>2</sup>

**42%** of high school students **have persistent feelings of sadness or hopelessness**<sup>3</sup>

**48% increase in deaths by suicide** among tweens and teens from 2011 to 2021<sup>4</sup>

**45% of LGBTQ+ youth seriously considered suicide** in 2021<sup>5</sup>

## Access to Care

**77%** of adults with a substance use condition **receive NO treatment**<sup>6</sup>

**Only 54%** of adults with a mental health condition **receive care**<sup>7</sup>

**Only 1 in 3 people get follow-up care** within 30 days of an emergency room visit or hospital stay for mental health or substance use<sup>8</sup>

**Nearly 3 in 4** insured adults treated for mental health in the past year **had problems with their insurance**<sup>9</sup>

**People go out of network nearly 11 times more often** to see a psychologist than a medical specialist<sup>10</sup>

### SOURCES

- <sup>1</sup> U.S. Department of Health and Human Services
- <sup>2</sup> Mental Health America
- <sup>3</sup> Centers for Disease Control and Prevention
- <sup>4</sup> Kaiser Family Foundation
- <sup>5</sup> Centers for Disease Control and Prevention
- <sup>6</sup> Mental Health America
- <sup>7</sup> Substance Abuse and Mental Health Services Administration
- <sup>8</sup> Milliman
- <sup>9</sup> Kaiser Family Foundation
- <sup>10</sup> RTI International

# THE CHALLENGES THAT DRIVE US

## Crisis Response

**Half** of adults say they have **faced a severe mental health crisis** in their family<sup>11</sup>

**38% of Americans say they don't know what to do** if someone they care about has a mental health or substance use crisis<sup>12</sup>

**Fewer than 1 in 4 people know about** the 988 Suicide & Crisis Lifeline<sup>13</sup>

**More than \$6 billion in annual costs for emergency room care** of mental health and substance use conditions<sup>14</sup>

## Mental Health Workforce

**Over half** of people across the U.S. live in areas with **mental health provider shortages**<sup>15</sup>

**More than 9 in 10 mental health workers** say they have **experienced burnout**<sup>16</sup>

**65%** of providers have **larger client caseloads** since the pandemic<sup>17</sup>

**Average reimbursement** for a physician assistant office visit is **nearly 20% higher** than for a psychiatrist<sup>18</sup>

### SOURCES

<sup>11</sup> Kaiser Family Foundation

<sup>12, 13</sup> Ipsos

<sup>14</sup> Agency for Healthcare Research and Quality

<sup>15</sup> Milliman

<sup>16, 17</sup> National Council for Mental Wellbeing

<sup>18</sup> RTI International

“ **Inseparable is grounded in the realities, and even more devoted to the solutions.** ”

Krithika Harish  
*Inseparable Co-founder*



**MOMENTUM:  
2023-2024**

20  
23



**Inseparable takes risks for important causes, often choosing to go where others won't.**

Alicia Diaz  
*Inseparable Co-founder*



**MAR**

**Inseparable polls Republican voters** on mental health in 4 early primary states, sharing findings with all presidential campaigns.

**MAY**

**Y Georgia** allocates \$26.9 million to improve the ratio of school counselors to students.

**A Montana** creates a \$300 million dedicated fund for mental health.

**Y Colorado** allows children and teens qualified for Medicaid to receive mental health services without a formal diagnosis.

**W South Carolina** passes a measure to join the Psychology Interjurisdictional Compact ([PSYPACT](#)).

**Y A Washington State** allocates \$1 million for a new rural school telemental health program and a first-ever \$18 million carve-out for youth mental health in the capital budget.

**JUN**

**Inseparable conducts 6 focus groups in 3 states,** finding broad bipartisan support for patient protections that improve access to care.

**Y Colorado** provides school mental health screenings for students in grades 6-12.

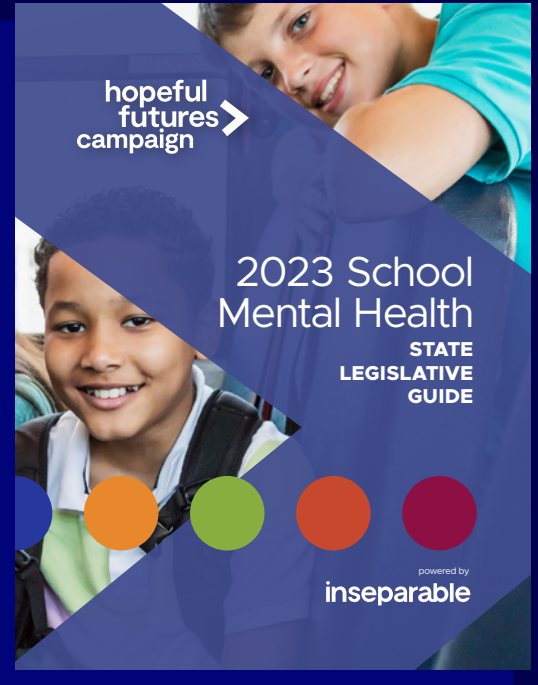
WINS BY  
POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

# MOMENTUM: 2023-2024

20  
23

In August, Inseparable releases the 2023 School Mental Health State Legislative Guide during a networking event at the National Conference of State Legislators, attended by members of our State Mental Health Caucus and other interested lawmakers.



JUN

**Y** **Illinois** appropriates \$5 million for school wellness checks and requires Illinois Departments of Human Resources and Education to collaborate for better student mental health.

**Y C** **Ohio** creates a cabinet-level position to coordinate children’s mental health services and appropriates \$1.5 million for crisis stabilization centers.

JUL

**Y** **New Jersey** requires Medicaid coverage of school-based mental health services.

**C** **Illinois** mandates a study of costs for an effective continuum of mental health crisis response services.

AUG

**Y C** **Delaware** allows students to take excused absences for mental health and provides grief counseling for students after school-related trauma. Additional measures create a mental health crisis response system supported by a \$0.60 monthly telecom surcharge.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

# MOMENTUM: 2023-2024

20  
23

In December, Inseparable publishes *Improving Mental Health Care: The Access Report*, revealing progress, opportunities and potential solutions for removing barriers to care in all 50 states.



AUG

**Y A** **Illinois** establishes a Children’s Behavioral Health Transformation Officer focused on youth with complex mental health needs. A second measure requires health insurance plans to cover annual mental wellness visits without co-pays.

SEP

**Inseparable launches a new Policy Fellowship Program** to train the next generation of leaders who will work at the intersection of practice, research, and public policy.

NOV

**A national poll with Impact Research** finds that voters are hungry for better mental health care – and support candidates who favor common-sense solutions.

DEC

**Y** **Pennsylvania** allocates \$100 million to expand school-based mental health programs.

Milliman and Inseparable release *Access Across America*, new research that reveals access-to-care issues using difficult-to-obtain data from a range of payers.

### WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

20  
24

**MAR**



**Having dedicated lobbyists in targeted states helps us find the right avenues of support and stay agile, even when the political winds shift.**

Jake Swanton  
*Inseparable VP of State Affairs*



**C W Florida** allocates \$11.5 million for mobile crisis response units and directs the state to pursue federal approval for Medicaid coverage of mobile crisis services. Two more measures create behavioral workforce centers at teaching hospitals, establish a state Health Care Innovation Council and fund loans to foster innovation.

**Y A W New Mexico** invests more than \$26 million for mental health services and provider rate increases, with \$10 million earmarked for children’s mental health.

**W New Utah** legislation expands the types of licensed mental health providers who can practice in the state, creates a multi-profession licensing board and allows psychologists to prescribe psychiatric medications.

**Y C W Washington State** establishes youth-specific crisis stabilization centers, joins the Social Work Licensure Compact, funds behavioral health scholarships, requires regional coordination of crisis response efforts and funds post-inpatient transitional housing and mental health support for young adults.

**Y Wyoming** appropriates \$10 million for mental health services for students in grades K-12.

WINS BY  
POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

# MOMENTUM: 2023-2024

20  
24

APR



**Inseparable’s first immersive policy lab for legislators in April 2024 gave us a dynamic way to engage lawmakers and inspire them to bring proven policies back to their states.**

Caitlin Hochul  
*Inseparable VP of Public Policy*



**Y C Colorado** lawmakers ban the use of the term “excited delirium” in police and first-responder training to reduce the use of lethal force against people in crisis. A second measure expands the TRAILS program for school mental health professionals and educators.

**Y W Georgia** creates a behavioral health workforce loan repayment and training program and devotes \$1 million to expand the Apex program, a school-based mental health initiative.

**Y Kentucky** creates a multi-disciplinary approach to trauma-informed mental health care in schools and budgets \$8.8 million for early childhood and youth mental health programs.

**A Maryland** strengthens health plan reporting requirements and enhances enforcement authority to put mental health and substance use coverage on par with physical health.

**W Oklahoma** legislators allocate new funding to expand the mental health workforce, modify licensing and training requirements and call for data to define future measures to expand workforce capacity.

### WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce



20  
24

**MAY**

**JUN**



**Mental health is a right ...  
we need behavioral  
health care that is best-  
in-class and accessible  
to everyone.**

Maryland Governor Wes Moore  
in our Take 5 for Mental Health series



**Our Take 5 for Mental Health video series** breaks new ground by featuring the personal reflections of governors, members of Congress and state-level lawmakers committed to mental health reform.

**W Georgia** passes a bill to join the Social Work Licensure Compact.

**A W New York** sets a budget rule requiring private insurance payments for outpatient mental health to at least equal Medicaid payments for the same care.

**A C Maryland** requires that private insurance reviews of mental health claims follow generally accepted standards of care and adopts a \$0.25 telecom surcharge for mental health crisis services.

**Y Colorado** allocates \$25.8 million to expand a pilot program serving youth with complex mental health needs. A second measure devotes \$5 million to the I Matter program, which offers young people at least 3 free therapy sessions per year.

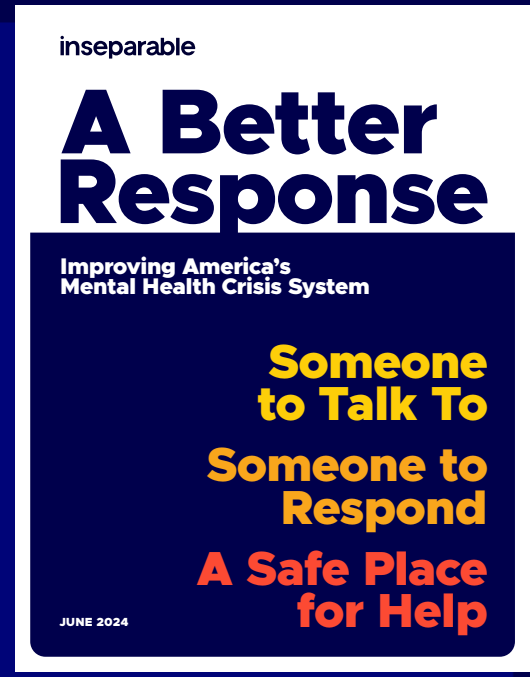
WINS BY  
POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

# MOMENTUM: 2023-2024

20  
24

In June, Inseparable publishes **A Better Response: Improving America's Mental Health Crisis System**, the only research resource of its kind in mental health.



JUL

**A Illinois** passes a landmark law striking down multiple barriers to mental health care. A second measure bans “junk insurance” plans with little to no mental health coverage. *Learn more in our state case study on [page 23](#).*

**Y Pennsylvania** allocates \$100 million for school-based mental health services, marking the second major funding increase in 2 years.

AUG

**Y Delaware** requires Medicaid reimbursement of school-based mental health services and improves ratios of school mental health professionals for grades 9-12.

**Y Alaska** requires Medicaid coverage of school-based health and mental health services.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

# TRANSFORMING YOUTH MENTAL HEALTH

“ When children and teens need mental health care, families shouldn’t struggle to find it – or to pay for it.

Chris Cordingley  
*Inseparable Co-founder*



Inseparable fights for federal and state measures that bring quality mental health and substance use care to children, teens and young adults at the earliest possible point.

## The Hopeful Futures Campaign

In 2021, we launched the [Hopeful Futures Campaign](#) with the support of key policymakers, funders and advocates across the country. This multi-year campaign expands mental health resources that meet children and teens where they are: in our nation’s schools.

- **America’s School Mental Health Report Card**, Inseparable’s state-by-state research report, reveals progress and opportunities in all 50 states.
- **Our State Legislative Guide for School Mental Health** equips mental health champions to win.
- **Partnerships** with state legislative champions and the National Governors Association help us champion strong policies in target states.
- **Parents, educators and community members** sign up for policy alerts and support state-level action.

# TRANSFORMING YOUTH MENTAL HEALTH

**A host of mental health  
and advocacy groups support  
the Hopeful Futures Campaign.**

Active Minds

Bring Change to Mind

California Alliance of  
Child and Family Services

Child Mind Institute

Crisis Text Line

Early Childhood Innovation Network  
Children's National Hospital

Good Life Movement

Healthy Schools Campaign

Hopelab

Inner Explorer

Mental Health America

Mental Health Literacy Collaborative

Mindful Philanthropy

MomsRising Together

National Alliance on Mental Illness

National Association of  
School Psychologists

National Center for School Mental Health

National Collaborative for  
Transformative Youth Policy

National PTA

Partnership to End Addiction

Pinterest

Rare Impact by Rare Beauty

Stronger than Stigma

The Center for Law and Social Policy

The Jed Foundation

The Kennedy Forum

The Trevor Project

UNICEF USA

YourMomCares



# TRANSFORMING YOUTH MENTAL HEALTH

“ We’re seeing a wave of progress on behalf of children and teens... one that will benefit young people now and throughout their lives.

Keris Jän Myrick  
Inseparable VP of Partnerships and Innovation

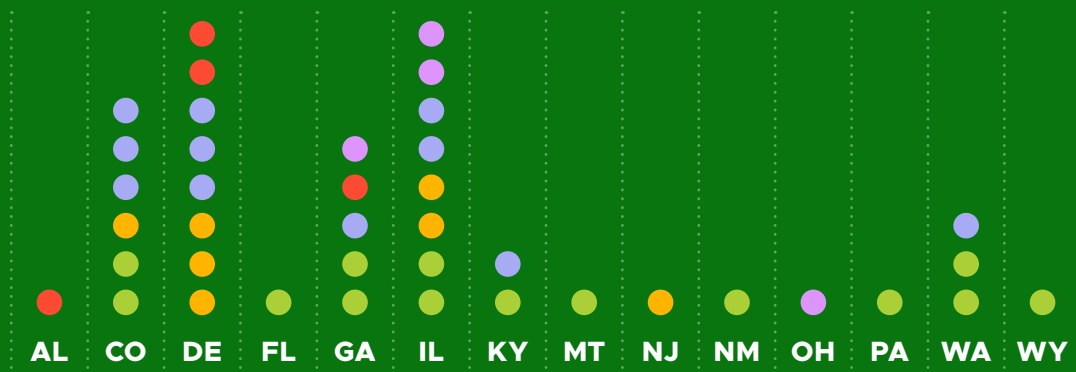


## How States Are Changing the Story for Young People

School mental health wins spurred by the Hopeful Futures Campaign combine with measures that boost state funding and bring state agencies together to support children and teens.

### 14 States Are Leading the Way\*

- More State Funding
- Broader Coverage for Mental Health Care
- More School and Community Services
- More Mental Health Staff in Schools
- Better State-Level Administration



\* From 2022 through 2024, 29 legislative measures in 14 states have advanced these 5 key goals. Some measures support more than one goal.

# TRANSFORMING YOUTH MENTAL HEALTH

## More Federal Resources for School-Based Programs

As state measures moved forward, Inseparable devoted energy and expertise to support these wins in Washington, D.C.

**The Bipartisan Safer Communities Act of 2022**, which invested more than \$1.2 billion in federal funding for school mental health.

**The Consolidated Appropriations Act of 2023**, which added \$140 million for school-based mental health through Project AWARE (Advancing Wellness and Resiliency in Education).

**New federal guidance to foster partnerships** among schools, state education agencies and state Medicaid and CHIP plans.

**“ I’ve been working in youth mental health for decades, but there is nothing as impactful and promising as the Hopeful Futures Campaign.**

Sharon Hoover, PhD  
*Co-director of the National Center for School Mental Health  
and Director of the Center for Safe Supportive Schools*



# INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

“ Our progress in Illinois shows what can be achieved by listening, collaborating and taking bold action at the right time.

David Lloyd  
Inseparable Chief Policy Officer



In assessing target states ready for change, Inseparable saw major opportunities in Illinois. Policymakers, advocates and voters agreed on the need to:

- End discriminatory practices in public and private health care plans
- Control the cost of mental health care for people and families
- Make regular mental health screenings widely available
- Expand school-based mental health programs for youth



We utilized the following campaign management strategies:

- Storytelling and Messaging
- Coalition Building
- Movement Building
- Grassroots/Digital Organizing
- Policy Development
- Government Relations

\* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.

## INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

**Starting in 2021, we built a statewide coalition and brought in lobbyists to forge alliances throughout the legislature.**

Our efforts focused on moderate members on both sides of the aisle and the Illinois Senate Insurance Committee. We shared advocates' personal stories with lawmakers and the public and worked with 80+ mental health organizations to support:

- **Requirements for insurance companies** to follow generally accepted standards of care in mental health coverage decisions
- **Wellness checks** for K-12 students across the state
- **Funding and coordination for better crisis response** through the new 988 system
- **Elimination of copays** for annual mental health checkups statewide

**In 2023 and 2024, we joined Governor J.B. Pritzker and key champions to push for broader, more comprehensive legislation.**

We expanded our relationships with lawmakers, pointing to polling results that showed bipartisan support among voters. Our lobbying and public outreach teams worked to:

- **Advocate for key bills already in progress, including a measure to ban “junk” insurance plans** with little to no mental health coverage
- **Launch a statewide campaign** of patch-through calls, letters, opinion pieces and digital ads to garner grassroots support
- **Boost our efforts to reach specific lawmakers**, signaling our resolve to secure critical votes



## INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

**In May of 2024, Illinois legislators approved the Health Care Protection Act, one of the strongest measures for better health care in the nation.**

This landmark law changes the way health insurance plans must cover mental health and substance use care by:

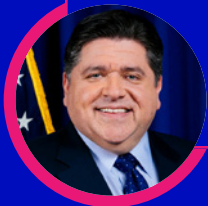
- **Banning “step therapy” practices** that force people to move through less effective treatments before covering the care their doctors originally prescribed
- **Striking down prior authorization requirements** for in-network inpatient psychiatric care
- **Ending “ghost networks”** by requiring insurers to keep provider directories current and adopting penalties for failure to comply
- **Authorizing the Illinois Department of Insurance to approve or reject rate increases** in large health plans
- **Further strengthening mental health coverage requirements** from the [Generally Accepted Standards of Behavioral Health Care Act of 2021](#)

*Bottom: Governor Pritzker signs the Health Care Protection Act into law on July 10.*



## INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

**“ For thousands of Illinoisans, the reforms in this bill will mean the difference between suffering with curable health conditions and getting the care that they need in a timely manner. And for some, this bill will quite literally save their lives.**



Illinois Governor  
J.B. Pritzker

### **Our Lead Partners in Illinois**

AIDS Foundation of Chicago

Community Behavioral  
Healthcare Association

Heartland Alliance

Illinois State Medical Society

Illinois Association for  
Behavioral Health

Illinois Health and  
Hospital Association

Kennedy Forum Illinois

NAMI Chicago

NAMI Illinois

Shriver Center on  
Poverty Law

*Top: Bill Smith with Governor Pritzker  
after the bill signing.*

## WHERE WE'RE HEADED

**“ The fights will get tougher.  
We're ready.**

Amy Runyon-Harms  
*Inseparable Chief Operating Officer*



Life-changing progress in mental health demands clear vision, sustained effort and continuous collaboration.

**Here is our strategy to keep the momentum going.**

## WHERE WE'RE HEADED

### Balancing State and Federal Work

**Transformation of the mental health system demands action at the state and federal levels.** We will bring the right tools to the right places at the right time, adjusting our efforts to keep pace with the political and social climate.

#### State level campaigns in target states where we see:

- The opportunity for life-changing impact
- The ability to build health care equity for all
- Partners and legislative champions ready to fight with us
- The chance to motivate other states in the region

#### Federal advocacy to improve the mental health of all Americans:

- A strong national voice for reform
- Active partnerships with elected officials and policy experts
- An end to barriers that impede state progress
- More funding for mental health and substance use initiatives

### Building the Inseparable Team

**We will expand the Inseparable staff to meet the demands of our work across the country.** Each new hire will strengthen our:

- Strategic thinking
- Policy development
- Lobbying
- Campaign management
- Messaging, media and public engagement
- Data-driven actions based on research, polls and focus group findings

## WHERE WE'RE HEADED

### Collaboration That Drives Change

#### We will continue to build and expand our impact through:

- Inseparable's [State Mental Health Caucus](#)
- Our partnerships with the [National Conference of State Legislatures](#), the [National Governors Association](#) and [Council of State Governments](#)
- The [Mental Health Now](#) program for local, state and federal candidates
- Our Advisory Board
- Fellow advocacy organizations across the country
- Our growing base of funding partners
- Tens of thousands of grassroots advocates across all 50 states

# OUR ADVISORY BOARD



**Brian Bond**  
Executive Director,  
PFLAG



**Patrick J. Kennedy**  
Former U.S. Representative and  
Founder, the Kennedy Forum



**José Caballero**  
Program Committee Member,  
Mental Health America



**Alvin Lee**  
Founder and  
Executive Director, GENup



**Reina Chiang**  
Mental Health Advocate



**Michael A. Lindsey, PhD**  
Dean, NYU Silver School  
of Social Work



**Brianna Cayo Cotter**  
Senior VP of Social Impact,  
ViacomCBS



**Will Lippincott**  
Member, Board of Directors,  
Didi Hirsch Mental Health  
Services



**Lishaun Francis**  
Senior Director of Behavioral  
Health, Children Now



**Benjamin F. Miller, PsyD**  
Chair, Inseparable  
Advisory Board



**Krithika Harish**  
Senior Program Officer,  
Charles and Lynn Schusterman  
Family Philanthropies



**Norm Ornstein**  
Resident Scholar,  
American Enterprise Institute



**Shelley A. Hearne, DrPH**  
Deans Sommer and Klag Professor  
of the Practice for Public Health  
Advocacy, Johns Hopkins University



**Kathleen M. Pike, PhD**  
Professor, Columbia University and  
Director, Columbia-WHO Center  
for Global Mental Health



**Zak Williams**  
Co-Founder & CEO,  
PYM (Prepare Your Mind)

# OUR NATIONAL STAFF



**Bill Smith**  
Founder & CEO



**Jake Swanton**  
VP of State Affairs



**Amy Runyon-Harms**  
Chief Operating Officer



**Kathleen Kelly Daughety**  
VP of Campaigns  
& Civic Engagement



**Angela Kimball**  
Chief Advocacy Officer



**Dana Balter**  
Director of Communications



**David Lloyd**  
Chief Policy Officer



**Ali Larson**  
Political Program Director



**Keris Jän Myrick**  
VP of Partnerships  
& Innovation



**Germán Partida**  
Political Program Manager



**Caitlin Hochul**  
VP of Public Policy



**Shaymaa Ennajhi**  
Comms &  
Content Associate

**“ Not many organizations can step into the mental health space and shake things up like Inseparable has.**

They're driven by a simple, undeniable truth: the mind and body are one, and any policy that doesn't reflect that needs to go. Inseparable isn't just talking about change—they're making it happen, and fast. Whether it's in red states or blue states, they're proving that mental health isn't a political issue, it's a human one. Their bold, no-nonsense approach has already transformed policies across the country, and the changes they're fighting for aren't just short-term wins, however important these may be. This is about creating a future where mental health is prioritized for generations to come—and they're showing us that it's possible.

Benjamin F. Miller, PsyD  
*Inseparable Advisory Board Chair*







**“ Jump in. The world needs you.**



Kathleen Kelly Daughety  
*Inseparable VP of Campaigns and Civic Engagement*

## Here are 7 essential ways you can fuel Inseparable’s work:

- 1 Join our network of committed, hopeful people who care about mental health.
- 2 Introduce us to mental health champions in your state or community.
- 3 Follow us on [Facebook](#), [X](#) (formerly Twitter), [Instagram](#) and [LinkedIn](#).
- 4 Share our posts and news with people in your networks.
- 5 Make mental health an open conversation in your home and community, because active dialogue is where change begins.
- 6 Hold your elected officials accountable, asking for their support on key measures that move mental health forward.
- 7 [Make a gift](#) to keep our good work going.

**inseparable**

Inseparable, Inc.  
Inseparable Action  
409 7th Street NW, Suite 350  
Washington, D.C. 20004



**[www.inseparable.us](http://www.inseparable.us)**  
**[info@inseparable.us](mailto:info@inseparable.us)**

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