NATIONWIDE ONLINE POLL

Q14. Here are a few issues facing the country. For each, please indicate how important a priority you feel that issue should be for elected officials like members of Congress and your state legislature to address: a very important priority, somewhat important priority, not too important priority, or not a priority at all.

Q14a. Expanding access to mental health care	Very important priority	56%
	Somewhat important priority	33%
	Total Important Priority	**89%**
	Not too important priority	7%
	Not a priority at all	3%
	Total Not Important Priority	**11%**
	Don't know	1%
Q14b. Addressing the mental health crisis in this country	Very important priority	54%
	Somewhat important priority	34%
	Total Important Priority	**88%**
	Not too important priority	9%
	Not a priority at all	2%
	Total Not Important Priority	**11%**
	Don't know	1%

Q14c. Making health care more affordable **[SPLIT A]**	Very important priority	69%
	Somewhat important priority	24%
	Total Important Priority	**93%**
	Not too important priority	4%
	Not a priority at all	2%
	Total Not Important Priority	**6%**
	Don't know	1%
Q14d. Improving insurance coverage, so patients pay less out-of-pocket for their health care **[SPLIT B]**	Very important priority	60%
	Somewhat important priority	26%
	Total Important Priority	**86%**
	Not too important priority	11%
	Not a priority at all	3%
	Total Not Important Priority	**13%**
	Don't know	1%
Q14e. Lowering the cost of living for working families **[SPLIT A]**	Very important priority	77%
	Somewhat important priority	19%
	Total Important Priority	**96%**
	Not too important priority	2%
	Not a priority at all	1%
	Total Not Important Priority	**3%**
	Don't know	1%
Q14f. Making housing more affordable **[SPLIT B]**	Very important priority	61%
	Somewhat important priority	28%
	Total Important Priority	**88%**
	Not too important priority	7%
	Not a priority at all	4%
	Total Not Important Priority	**11%**
	Don't know	0%

IMPACT RESEARCH MEETING STREET

Q14g. Protecting abortion rights [SPLIT A]	Very important priority	53%
	Somewhat important priority	16%
	Total Important Priority	**68%**
	Not too important priority	9%
	Not a priority at all	21%
	Total Not Important Priority	**29%**
	Don't know	2%
Q14h. Securing the border [SPLIT B]	Very important priority	55%
	Somewhat important priority	25%
	Total Important Priority	**80%**
	Not too important priority	12%
	Not a priority at all	7%
	Total Not Important Priority	**19%**
	Don't know	1%
Q15. Do you have a very favorable opinion, a somewhat favorable opinion, a somewhat unfavorable opinion, or a very unfavorable opinion of health insurance companies?	Very Fav	8%
	Somewhat Fav	29%
	Total Fav	**37%**
	Somewhat Unfav	31%
	Very Unfav	28%
	Total Unfav	**60%**
	Name ID	97%
	Can't Rate	3%
Q16. Do you agree or disagree with the following statement? **There is a growing mental health crisis in this country**	Strongly agree	56%
	Somewhat agree	33%
	Total agree	**89%**
	Somewhat disagree	6%
	Strongly disagree	2%
	Total disagree	**8%**
	Don't know	3%
Q17. Compared to when you were growing up, are children and youth in this country today facing:	More mental health challenges and struggles than in the past	75%
	Fewer mental health challenges and struggles than in the past	4%
	About the same amount of mental health challenges and struggles as in the past	15%
	Don't know	6%

Q18. From what you know, how difficult is it to get access to mental health care right now?	Very difficult	16%
	Somewhat difficult	37%
	Total difficult	**53%**
	Somewhat easy	17%
	Very easy	6%
	Total easy	**23%**
	I am not sure how easy or difficult it is to access mental health care	24%
Q19. In your view, right now, is mental health care:	Too expensive	52%
	Affordable	9%
	I am not sure how much it costs to access mental health care	38%
Q20. Do you think elected officials in your state are doing enough or not doing enough to address mental health?	Doing enough to address mental health	15%
	Not doing enough to address mental health	61%
	Don't know	24%

Q21. Next are some more potential solutions to improve mental health that some people have proposed. Please indicate if you favor or oppose each one.

Q21a. Require health insurance companies to cover out-of-network mental health care at no extra charge when in-network services aren't available	Strongly favor	62%
	Somewhat favor	25%
	Total favor	**87%**
	Somewhat oppose	6%
	Strongly oppose	3%
	Total oppose	**10%**
	Don't know	4%

Q21b. Require health insurance companies to cover needed mental health care when prescribed by a patient's doctor **[SPLIT A]**	Strongly favor	71%
	Somewhat favor	22%
	Total favor	**94%**
	Somewhat oppose	3%
	Strongly oppose	2%
	Total oppose	**5%**
	Don't know	2%

Q21c. Prohibit health insurance companies from requiring prior authorization for mental health services -- so patients don't have to wait days or weeks for approval to receive care **[SPLIT B]**	Strongly favor	65%
	Somewhat favor	24%
	Total favor	**88%**
	Somewhat oppose	5%
	Strongly oppose	3%
	Total oppose	**8%**
	Don't know	4%

Q21d. Prohibit health insurance companies from cutting a patient's mental health care short or imposing arbitrary limits on their care **[SPLIT A]**	Strongly favor	61%
	Somewhat favor	22%
	Total favor	**83%**
	Somewhat oppose	5%
	Strongly oppose	6%
	Total oppose	**11%**
	Don't know	5%

Q21e. Prohibit health insurance companies from denying patients needed mental health care and forcing them to try cheaper alternatives that their doctor says will be less effective **[SPLIT B]**	Strongly favor	63%
	Somewhat favor	18%
	Total favor	**81%**
	Somewhat oppose	6%
	Strongly oppose	7%
	Total oppose	**14%**
	Don't know	5%

Q21f. Require insurance companies to maintain accurate and up-to-date information for consumers about the mental health care providers in their network	Strongly favor	67%
	Somewhat favor	24%
	Total favor	**90%**
	Somewhat oppose	3%
	Strongly oppose	2%
	Total oppose	**5%**
	Don't know	5%
Q21g. Require insurance companies to cover yearly mental wellness exams for patients without co-pays	Strongly favor	55%
	Somewhat favor	29%
	Total favor	**83%**
	Somewhat oppose	7%
	Strongly oppose	5%
	Total oppose	**12%**
	Don't know	5%
Q21h. Expand mental health services in K-12 schools by hiring and training more school psychologists, social workers, and counselors	Strongly favor	53%
	Somewhat favor	29%
	Total favor	**81%**
	Somewhat oppose	8%
	Strongly oppose	6%
	Total oppose	**14%**
	Don't know	5%
Q21i. Provide up to six free counseling sessions to children and young people under 21 experiencing mental health challenges	Strongly favor	57%
	Somewhat favor	27%
	Total favor	**84%**
	Somewhat oppose	6%
	Strongly oppose	5%
	Total oppose	**11%**
	Don't know	5%
Q21j. Expand mental health care coverage under Medicaid to cover more people who need it	Strongly favor	59%
	Somewhat favor	27%
	Total favor	**86%**
	Somewhat oppose	6%
	Strongly oppose	5%
	Total oppose	**10%**
	Don't know	4%

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Q21k. Expand the use of telehealth, so more people can access mental health care services like therapy through video chat and have it covered by their insurance	Strongly favor	55%
	Somewhat favor	33%
	Total favor	**88%**
	Somewhat oppose	5%
	Strongly oppose	2%
	Total oppose	**7%**
	Don't know	5%

Q22. What stands out to you most positively from the proposals you just read about to improve mental health care?
[OPEN-ENDED] [MULTIPLE RESPONSES ACCEPTED]

Generally expanding access to mental health care (more people / more availability / more mental health care / every should have access / easy access / working people / elderly / those in need)	17%
Improving health insurance coverage (making insurance companies cover more / can't deny coverage / in and out of network / end prior authorization)	19%
Affordability (bring down health care costs / lower insurance rates)	11%
Youth and children mental health services (6 free sessions / K-12 mental health / schools / kids / minors)	15%
Mental health is a crisis / system need fixing (people need help / broken / overhaul / dealing with the problem / urgent)	8%
Preventative care (yearly mental wellness exam / mental health checkup)	2%
Telehealth	3%
Expanding Medicaid	2%
General positive (kind / everything / reasonable / helps people)	13%
Don't know	4%
Nothing / Negative	10%
Other	4%

Q23. Do you think the proposals you just read about will do a lot, a little, not too much, or nothing at all to improve mental health care?	A lot	48%
	A little	29%
	Total A lot / little	**77%**
	Not too much	11%
	Nothing at all	6%
	Total Not too much / Nothing	**16%**
	Don't know	7%
Q24. If a candidate for elected office like Congress or your state legislature supported the proposals you just read about to improve mental health care, would you be much more likely, somewhat more likely, somewhat less likely, or much less likely to vote for him or her next year? Or would it make no difference?	Much more likely	38%
	Somewhat more likely	35%
	Total more likely	**73%**
	Somewhat less likely	4%
	Much less likely	4%
	Total less likely	**8%**
	No difference	14%
	Don't know	5%
Q25. If a candidate for elected office like Congress or your state legislature opposed the proposals you just read about to improve mental health care, would you be much more likely, somewhat more likely, somewhat less likely, or much less likely to vote for him or her next year? Or would it make no difference?	Much more likely	10%
	Somewhat more likely	11%
	Total more likely	**21%**
	Somewhat less likely	18%
	Much less likely	43%
	Total less likely	**60%**
	No difference	12%
	Don't know	7%

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Q26. Here are some statements from a candidate for elected office who is advocating for these proposals to improve mental health care. For each one, please indicate whether it is a very convincing, somewhat convincing, not too convincing, or not at all convincing reason to support that candidate.

Q26a. [ACCESS] This candidate says millions of Americans experiencing mental health issues want treatment, but their insurance plans won't cover them and they can't afford it out of pocket. We need to make insurance companies cover mental health treatments so that people who need them can access them. **[SPLIT A]**	Very convincing	49%
	Somewhat convincing	30%
	Not too convincing	13%
	Not at all convincing	6%
	Don't Know	2%
Q26b. [COST OF LIVING] This candidate says middle class families are struggling to afford the rising cost of living, including health care. To help families get ahead, we need to bring down the cost of health care and make insurance companies cover all the health services patients need, including mental health care, without charging high out-of-pocket costs. **[SPLIT B]**	Very convincing	48%
	Somewhat convincing	33%
	Not too convincing	10%
	Not at all convincing	4%
	Don't Know	3%
Q26c. [DOCTORS] This candidate says insurance companies need to stop getting in between patients, their doctors, and their health care, including mental health care. If a doctor prescribes a patient mental health services, insurance should not get to deny coverage for it.	Very convincing	56%
	Somewhat convincing	28%
	Not too convincing	8%
	Not at all convincing	4%
	Don't Know	4%
Q26d. [INSURANCE PROFITS] This candidate says health insurance companies make billions of dollars in profits, yet charge high out-of-pocket costs for mental heath care, deny coverage altogether, or threaten to increase premiums to provide it. We need to make insurance companies provide mental health care without charging higher premiums or out-of-pocket costs many people can't afford.	Very convincing	54%
	Somewhat convincing	28%
	Not too convincing	8%
	Not at all convincing	6%
	Don't Know	4%
Q26e. [SPECIAL INTERESTS] This candidate says Democrats and Republicans have come together to try to pass commonsense laws requiring insurance to cover mental health services, but lobbyists come in and use their influence to shut it down. We need to stand up to the powerful special interests and pass policies that address the mental health crisis.	Very convincing	45%
	Somewhat convincing	34%
	Not too convincing	11%
	Not at all convincing	6%
	Don't Know	4%

Q26f. [OTHER TREATMENTS] This candidate says insurance companies are required to cover treatment for physical health conditions like asthma or diabetes, but are allowed to deny it for mental health care even though millions of people are facing mental health issues. Mental health should not be treated differently than physical health, and we need to update the rules so insurance covers both. **[SPLIT A]**	Very convincing	47%
	Somewhat convincing	37%
	Not too convincing	8%
	Not at all convincing	6%
	Don't Know	2%
Q26g. [RED TAPE] This candidate says unnecessary, outdated rules set arbitrary limits on the kinds of mental health care that insurance companies cover for patients. We need to reduce the bureaucracy and red tape in health care and make it easier for patients to access the care they need. **[SPLIT B]**	Very convincing	48%
	Somewhat convincing	33%
	Not too convincing	9%
	Not at all convincing	6%
	Don't Know	5%
Q26h. [CRISIS] This candidate says the U.S. is experiencing a growing mental health crisis, with rates of depression, anxiety, substance use disorders, and overdoses on the rise, yet millions of Americans who need help aren't getting treated. We need to expand access to mental health treatments to address this crisis.	Very convincing	47%
	Somewhat convincing	32%
	Not too convincing	11%
	Not at all convincing	6%
	Don't Know	4%
Q26i. [YOUTH CRISIS] This candidate says there is an epidemic of mental health issues hurting our children and youth, with depression and anxiety among young people at record highs. We need to provide better mental health care in schools, so we can intervene early when children are experiencing mental health issues and make it easier for them to get help.	Very convincing	45%
	Somewhat convincing	32%
	Not too convincing	12%
	Not at all convincing	7%
	Don't Know	3%
Q26j. [PUBLIC SAFETY] This candidate says to reduce homelessness and crime, we need to expand access to mental health care. Right now, many people who need mental health care or treatment for substance use go without it, leading to other problems like trouble holding a job and homelessness. Studies show access to mental health care reduces crime too.	Very convincing	43%
	Somewhat convincing	37%
	Not too convincing	11%
	Not at all convincing	6%
	Don't Know	3%

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Q27. After this information, if a candidate for elected office like Congress or your state legislature supported the proposals you just read about to improve mental health care, would you be much more likely, somewhat more likely, somewhat less likely, or much less likely to vote for him or her next year? Or would it make no difference?	Much more likely	40%
	Somewhat more likely	36%
	Total more likely	**76%**
	Somewhat less likely	5%
	Much less likely	3%
	Total less likely	**8%**
	No difference	11%
	Don't know	5%
Q28. Which TWO of the following are the best reasons to support the proposals you just read about to improve mental health? **[MULTIPLE RESPONSES ACCEPTED] [TWO RESPONSES ACCEPTED]**	It will make mental health care more affordable and lower costs for patients	33%
	It will help more people who need it access mental health care treatments	45%
	It will stop insurance companies from denying patients treatments prescribed by their doctors	33%
	It will address a growing mental health crisis among children and youth	32%
	It will reduce red tape in health care and make it easier for people to navigate their insurance	20%
	It will improve public safety and reduce homelessness	21%
	Don't know	9%

NATIONWIDE ONLINE POLL

QUESTIONS FOR CLASSIFICATION PURPOSES

Q2/3. Race	White or Caucasian	68%
	Black or African American	13%
	Hispanic or Latino	12%
	Asian American or Pacific Islander	5%
	Other	2%
Q6. What is your gender?	Man	47%
	Woman	52%
	Other	1%
Q7. Age	18-34	25%
	35-49	24%
	50-64	24%
	65+	27%
	[VOL] Refused	0%
Q8. What was the last year of education you completed?	1st-11th grade	2%
	High school graduate	20%
	Vocational or technical school	6%
	Some college, but no degree	21%
	Associate degree	13%
	4-year college graduate or bachelor's degree	25%
	Graduate school or advanced degree	12%
	Refuse to say	1%
Q9-12. Party Self-ID	Strong Democrat	25%
	Not so strong Democrat	10%
	Indep / lean Democrat	7%
	Strong Republican	25%
	Not so strong Republican	9%
	Indep / lean Republican	9%
	Independent	10%
	[VOL] Other	4%
	[VOL] Don't Know	1%

Q13. Which of these statements best describes how you have usually voted in past elections?	Straight Democrat	23%
	Mostly Democrat	17%
	A few more Democrats than Republicans	4%
	Independent / depends on the person	14%
	A few more Republicans than Democrats	5%
	Mostly Republican	16%
	Straight Republican	17%
	Don't know	3%
Q29. Which of the following categories best describes your total annual household income before taxes?	Under $25,000	15%
	$25,001-$50,000	18%
	$50,001-$75,000	17%
	$75,001-$100,000	15%
	$100,001-$150,000	15%
	Over $150,000	14%
	Don't know	1%
	Prefer not to say	6%
Q30. How would you describe the area in which you live?	Urban	25%
	Suburban	41%
	Small town	15%
	Rural	18%
	Don't know	1%
Q31. In the past 12 months, have you or someone close to you received mental health services from a doctor, counselor, or other mental health professional?	Yes, I have experienced this personally	29%
	Yes, someone I know has experienced this	27%
	No	42%
	Don't know	2%
Q32. Have you or has anyone you know been affected by a health insurance company making it difficult to access mental health care?	Yes, I have experienced this personally	18%
	Yes, someone I know has experienced this	23%
	No	51%
	Don't know	9%
Q33. Do you have any children 18 or younger currently living in your household?	Yes	29%
	No	70%
	Prefer not to say	2%

Q34. Do you personally know a child or young person who has struggled with their mental health?	Yes	59%
	No	36%
	Don't know	5%
Q35. Have any of your children received mental health services from a doctor, counselor, or other mental health professional? **[ASKED IF PARENT IN Q33; N=296]**	Yes	38%
	No	61%
	Don't know	1%
Q36. Voting is by secret ballot, and you can be assured this survey is confidential. Your individual answers will not be seen by anyone. In the November 2020 election for President, did you vote for..? **[ALLOCATED]**	Biden	49%
	Trump	46%
	Unallocated	3%
	Did not vote	2%
Q51. Region	NORTHEAST	18%
	MIDWEST	21%
	SOUTH	39%
	WEST	22%

**Due to rounding, "totals" of the individual components may differ by +/-1.